

# REFRESHMENT

JOIN US FOR UK  
**MISSION**



- MISSION TRAINING
- COMMUNITY OUTREACH
- LINKS WITH LOCAL CHURCHES

LIVE YOUR LIFE AS A DISCIPLE  
OF **JESUS** AND **EXPERIENCE**  
THE MISSION FIELD

***Annual Report 2016-17***

**TRUSTEE'S ANNUAL REPORT**  
**01/01/2016 – 31/03/2017**

# REFRESHMENT

<b>Charity Name:</b>	REFRESHMENT UK
<b>Registered Number:</b>	1153542
<b>Address:</b>	The Refresh Centre 156 Waterloo Road Blackpool FY4 2AF
<b>Date of Formation:</b>	February 2012
<b>Date of Registration:</b>	27 <sup>th</sup> August 2013
<b>Charitable Objects:</b>	a) TO ADVANCE THE CHRISTIAN RELIGION IN ENGLAND AND WALES, AND OVERSEAS, FOR THE BENEFIT OF THE PUBLIC THROUGH THE HOLDING OF PRAYER MEETINGS, LECTURES, AND EVENTS; AS WELL AS PRODUCING LITERATURE ON CHRISTIANITY TO ENLIGHTEN OTHERS ABOUT THE CHRISTIAN RELIGION; b) THE PREVENTION OR RELIEF OF POVERTY FOR CHILDREN IN INDIA BUT NOT EXCLUSIVELY BY PROVIDING GRANTS, ITEMS AND SERVICES TO INDIVIDUALS AND OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.
<b>Trustees:</b>	Mrs S A Cooper (chair) Mrs R A Cobb Mrs L Cooper
<b>Governing Document:</b>	CONSTITUTION ADOPTED 16/04/2013 AS AMENDED ON 21/09/2014
<b>Activities:</b>	REFRESHMENT UK EXISTS TO ENCOURAGE AND EQUIP CHRISTIANS IN THE UK AND SUPPORT CHILDREN IN POVERTY MAINLY IN INDIA. WE DO THIS THROUGH TRAINING EVENTS FOR CHURCHES, LOCAL COMMUNITY DEVELOPMENT ACTIVITIES, OVERSEAS MISSION TRIPS AND CHRISTIAN DISCIPLESHIP COURSES, AS WELL AS PROVIDING MENTORING AND RESOURCES FOR INDIVIDUALS.

## WHAT REFRESHMENT DOES

Refreshment works in four separate areas:

- **RETREAT** – over the year, Refreshment organises days, residential weekends and holidays to help people take time out to meet God. These are held in the UK and overseas.
- **REJOICE** – worship is a powerful part of a Christian’s life. Refreshment uses their leaders to host worship nights, conferences and to produce Christ-centred heartfelt worship.
- **RESPOND** – discipleship and mission are a result of encountering God and Refreshment provides opportunities and studies to aid a life of both.
- **RESOURCE** – Refreshment both produces and provides books, music and other resources to give people the tools to maintain a daily walk with God.

We believe in our work, a process occurs:



First and foremost, we believe that it is important for Christians to **retreat** and spend dedicated time focused on God, allowing Him to speak to them. From that, they will find the importance of being able to **rejoice**. They worship Jesus and truly encounter him in new ways. After encountering Jesus, Christians will **respond** and discover the plans and purposes that God has for them. They will then move into further areas of ministry. As they do that, the need to regularly **resource** themselves will keep their ministries from going stale. Ultimately, if their ministry does go stale or the resources challenge them to renew their vision, it is time for them to retreat and begin the process again.

### **2016-17 ACHIEVEMENTS**

In 2016 to 2017, we were able to make significant improvement in the work of Refreshment UK. In this period, we managed to:

- Acquire and lease a property for residential mission training in Blackpool called ‘The Refresh Centre’;
- Open an office in Leicestershire to run the work that raises money for children living in poverty in India;
- Host our first team in partnership with a local church who had come from Mozambique to do Christian outreach in the UK;
- Partner with a new church plant in Cwmbran, Wales;
- Organise overseas trips to Malta and Rome; and
- Hold a prayer event at the Winter Gardens in Blackpool.

In 2016, we moved our operations from Manchester to Blackpool and the main base was a 14-bedrood former care facility in South Shore. We had a team of 10 regular staff and volunteers during this period as well as support from other volunteers.

By the 31<sup>st</sup> March 2017, we were also exploring a town centre drop-in space that would act as our base in Blackpool to run support work and outreach.

## **Refresh Centre**

Following on from our plans to develop a mission training centre, suitable property was found and leased on Waterloo Road in Blackpool. A lease was signed that enabled us to make significant changes to the layout and décor of the property. Changes to the plumbing and electrical system in the house were made in Autumn 2016 and a policy of using local tradesmen was implemented.

The work on the centre involved a complete refurbishment throughout the property and some layout changes. In consultation with the planning department, a planning application for a change of use was successfully approved in early 2017. At this point, negotiations began with a local construction company to complete the refurbishment and at the end of the period, negotiations continued.

Parts of the house were worked on by a team of volunteers, enabling us to host very small teams at the centre towards the end of this period. This happened in partnership with a local church and various community projects.

The training programme at the centre was to be completed in 2017 and staff were employed to specifically complete this.

The leaders of the centre have formed various informal local partnerships and worked alongside the council, and a launch prayer event was held in January 2017 at the Winter Gardens. Although not well attended, this event helped us forge further local partnerships and raised our profile in Blackpool. In 2017, we are looking forward to hosting more events at the Refresh Centre and to see the refurbishment work completed.



## **Fundraising**

During this year, our funding increased due to the awareness of the Refresh Centre and various sponsorship programmes. During the year, we changed our accounting software and our financial year structure which will now be filed on 31<sup>st</sup> March each year. We were able to raise a significant amount more from fundraising. Also in this year, a review of our gift aid system meant that we could make large increases in this stream of funding and the year allowed us to claim both current and historical donations. This system will now be carried forward and allow us to maximise funding.



## Long Term Targets

Refreshment UK is aiming to raise £1 million as a charity to support and complete our work, primarily in Blackpool, but also overseas. By raising these funds, we are planning to complete 4 stages of significant work in and around Blackpool.

### STAGE 1 – The Completion of the Refresh Centre

We took on the Refresh Centre as our mission training centre in April 2016. Since then, we have been able to host

missionaries from across the world and begun to undertake a major refurbishment delivered by local tradespeople and partners. Following that, we will be welcoming in teams of missionaries and students from across the world.

### STAGE 2 – The Opening of Revelation in Blackpool Town Centre

In the centre of Blackpool, we aim to secure premises for three years to run a drop-in charity hub. Alongside local Christian organisations, we will be running weekly activities including one-to-one counselling, community groups and drop-in services for people in the town centre. Loneliness continues to be a problem in the area and people are looking to be part of a community.

### STAGE 3 – The Opening of the Refresh Retail Outlet

Following that, we aim to acquire and open a retail outlet in the town centre. This place will provide a stock of essential items at low prices and a small cafe, but primarily will be offering employment for people supported by local drop-in centres. As a charity, we are looking to address the level of employment in the town by sourcing opportunities for people to gain vital work experience and mentoring.

### STAGE 4 – The Opening of a Hotel with a supported employment programme

Finally, we aim to offer a range of employment opportunities in a hotel to those who have received skills training and mentoring through our partners. Our aim is to take the largest sector in Blackpool – the tourism industry – and train people to find a range of employment in Blackpool.

### ONGOING

Aside from this, we continue to employ a team of staff and work overseas in Israel, India and Italy. We also organise events, lead worship, train missionaries and publish resources.

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## **Financial Review**

Refreshment UK operates an unrestricted fund for ongoing charitable activities and holds funding which is specifically for the Refresh Centre and its long-term plans. This extended period of fifteen months reflects and accounts for our changes in funding and changes in reporting.

A separate fund is held to support the work that we do in India and two further separate funds have been opened for restricted Refresh Centre funding.

The trustees declare that they have approved the trustees' report above:

Signed:

\_\_\_\_\_  
Mrs Susan Ann Cooper (Chair)

Date:

27<sup>th</sup> January 2018

**REFRESHMENT UK**  
**Balance Sheet – As at 31<sup>st</sup> March 2017**

	<b>2017 (£)</b>	<b>2015 (£)</b>
<b>Fixed Assets</b>		
Tangible Assets (see note 2)	350	-
<b>Current Assets</b>		
Stock	900	500
Cash	5609	918
Unrestricted	5575	628
Restricted	34	290
Debtors	917	1146
<b>Liabilities</b>		
Creditors (see note 3)	7473	1528
<b>TOTAL ASSETS LESS LIABILITIES</b>	<b>303</b>	<b>1036</b>
<b>Represented By</b>		
Carried Forward Balance	1036	644
Surplus/Deficit for Year	(733)	392
<b>TOTAL FUNDS</b>	<b>303</b>	<b>1036</b>

**REFRESHMENT UK**  
**Income and Expenditure Account – Financial Year 2016/17**

	<b>2016/7 (£)</b>	<b>2015 (£)</b>
<b>Incoming Resources</b>		
Community Fundraising (see note 1)	121681	35546
Charitable Activities	27381	11740
FIM Giving	15881	11431
Refresh Centre	81468	290
Resource Sales	1640	1190
<b>TOTAL INCOME</b>	<b>248051</b>	<b>60197</b>
<b>Expenditure</b>		
Cost of Fundraising	3449	312
Charitable Activities (See note 4)	177383	20205
Events & Promotion	26142	5234
Resource Production	1586	4679
FIM Indian Donations (See note 4)	15880	17600
Rent and Rates (See note 5)	13773	3858
Operating Expenses	10571	7917
<b>TOTAL EXPENDITURE</b>	<b>248784</b>	<b>59805</b>
<b>Income over Expenditure</b>	<b>(733)</b>	<b>392</b>
Brought Forward	1036	644
<b>TOTAL INCOME OVER EXPENDITURE</b>	<b>303</b>	<b>1036</b>

Notes:

1. A change in the way we report means that 'Other Income' from our 2015 report is now included in our community fundraising section. This includes historical gift aid donations which should have been claimed in previous financial years.
2. Our fixed assets represent computer equipment that has been purchased, depreciated and disposed of in 2016/2017. From 1<sup>st</sup> April 2017, a detailed asset register will be developed and included in future annual reports to account for the fixtures and fittings at the Refresh Centre as per charity commission regulations.
3. The figure in creditors is for work completed on the Refresh Centre.
4. Our overseas spending for this financial period is as follows:

<i>India</i>	£15,880
<i>Malta</i>	£2,480
<i>Italy</i>	£1,178
5. During this period, we are accounting for three properties which are reported below:
  - Unit 7, The Wesley Centre, Royce Road, Hulme, Manchester (Jan 16 to Sep 16)*
  - The Refresh Centre, 156 Waterloo Road, Blackpool (Apr 16 to Mar 17)*
  - Suite 3, 7 Castle Street, Hinckley (Nov 16 to Mar 17)*

**Independent Examiner's Report on the accounts of Refreshment UK - 1153542**  
**Report to the Trustees of Refreshment UK for the accounts year ending 31<sup>st</sup> March 2017**

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5) (b) of the Charities Acts, and;
- To state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in, any material respect, the requirements:
  - To keep accounting records in accordance with section 130 of the Charities Act; and
  - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act;
- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: \_\_\_\_\_  
**S N ACCOUNTING**

Date: 21<sup>st</sup> January 2018