

RETREAT REJOICE RESPOND RESOURCE
REFRESHMENT
www.refreshment.org.uk
Registered Charity - 1153542

overseas
mission
trips



discipleship
courses &
retreats

UK-based
training
centre



a passion for Jesus **RESTORED** leading to
churches and communities **REVIVED** and
Christians living with a faith **REFRESHED**

REFRESHMENT UK Annual Report 2015

TRUSTEE'S ANNUAL REPORT
01/01/2015 – 31/12/2015



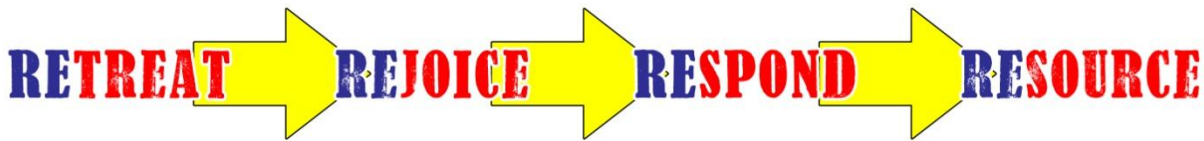
Charity Name:	REFRESHMENT UK
Registered Number:	1153542
Address:	Unit 7, The Wesley Centre Royce Road Manchester M15 5BP
Date of Formation:	February 2012
Date of Registration:	27 th August 2013
Charitable Objects:	a) TO ADVANCE THE CHRISTIAN RELIGION IN ENGLAND AND WALES, AND OVERSEAS, FOR THE BENEFIT OF THE PUBLIC THROUGH THE HOLDING OF PRAYER MEETINGS, LECTURES, AND EVENTS; AS WELL AS PRODUCING LITERATURE ON CHRISTIANITY TO ENLIGHTEN OTHERS ABOUT THE CHRISTIAN RELIGION; b) THE PREVENTION OR RELIEF OF POVERTY FOR CHILDREN IN INDIA BUT NOT EXCLUSIVELY BY PROVIDING GRANTS, ITEMS AND SERVICES TO INDIVIDUALS AND OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.
Trustees:	Mrs S A Cooper (chair) Mrs R A Cobb Mrs L Cooper
Governing Document:	CONSTITUTION ADOPTED 16/04/2013 AS AMENDED ON 21/09/2014
Activities:	REFRESHMENT UK EXISTS TO ENCOURAGE AND EQUIP CHRISTIANS IN THE UK AND SUPPORT CHILDREN IN POVERTY MAINLY IN INDIA. WE DO THIS THROUGH TRAINING EVENTS FOR CHURCHES, LOCAL COMMUNITY DEVELOPMENT ACTIVITIES, OVERSEAS MISSION TRIPS AND CHRISTIAN DISCIPLESHIP COURSES, AS WELL AS PROVIDING MENTORING AND RESOURCES FOR INDIVIDUALS.

WHAT REFRESHMENT DOES

Refreshment works in four separate areas:

- **RETREAT** – over the year, Refreshment organises days, residential weekends and holidays to help people take time out to meet God. These are held in the UK and overseas.
- **REJOICE** – worship is a powerful part of a Christian’s life. Refreshment uses their leaders to host worship nights, conferences and to produce Christ-centred heartfelt worship.
- **RESPOND** – discipleship and mission are a result of encountering God and Refreshment provides opportunities and studies to aid a life of both.
- **RESOURCE** – Refreshment both produces and provides books, music and other resources to give people the tools to maintain a daily walk with God.

We believe in our work, a process occurs:



First and foremost, we believe that it is important for Christians to **retreat** and spend dedicated time focused on God, allowing Him to speak to them. From that, they will find the importance of being able to **rejoice**. They worship Jesus and truly encounter him in new ways. After encountering Jesus, Christians will **respond** and discover the plans and purposes that God has for them. They will then move into further areas of ministry. As they do that, the need to regularly **resource** themselves will keep their ministries from going stale. Ultimately, if their ministry does go stale or the resources challenge them to renew their vision, it is time for them to retreat and begin the process again.

2015 ACHIEVEMENTS

In 2015, we had a year of growth. Five of the most encouraging events were to:

- Send a small group to India to complete a mission trip entirely by faith;
- Organise a ‘Shipwrecked for Service’ retreat in Malta;
- Headline a conference in Castle Donington with Impact Ministries International;
- Take part in a National Tour with One Rock International which was presented to 8 churches; and
- Start working in ministry on the Curry Mile amongst Muslims.

Our global impact for ministry, which includes our mission work, is approximately at around 3500 people and in 2015, this has been achieved through a team of just 5 regular volunteers (Neil, Devon, Simon, Laura, Ann) and a group of associates and supporters.

At the end of 2015, led by Simon Cooper, we began to focus our work on Blackpool to begin the Refresh Centre and have begun setting up and acquiring the leasehold to a former care home in Manchester.

In early 2016, we plan to increase our staff and regular volunteer team – to include 8 members.

GOING FORWARD

Refresh Centre

After identifying how we grow the work of Refreshment UK, our immediate focus will be on equipping those we currently work with and how to demonstrate a call to mission in the UK, along with increasing the number of people we influence.

One of the most successful models we have used to equip people has been the overseas mission trips to India. Attendees have been part of a very intense environment and in some way, experienced a lifestyle of mission-driven faith. These trips have shaped the ministries of those who attended and have impacted churches back in the UK.

Our great desire is to be able to recreate that mission environment in the UK and after a period of growth for the charity and an increase in the team, we feel that now is the best time to implement that. The vision to start the Refresh Centre is the best way to do this and combines the 'resourcing' element with the Refreshers course to give a practical model of discipleship – encouraging people across the country.

With our core team all home-based, we have explored suitable locations to begin this centre and have identified the town of Blackpool as the ideal base for this work. Blackpool is a popular seaside resort, which now has 8 of the 20 most deprived areas in Britain. It also has a high rate of unemployment, child poverty and a declining seasonal economy.

Our focus is to begin to raise the necessary funds to purchase a suitable building in Blackpool and a restricted fund has been created to manage this. With the increased profile due to a larger team, Simon and Laura Cooper will look to pioneer this work as soon as the summer of 2016.

Our current strategy is to encourage people to do the following:

- **Inhabit** – commit to being part of the leadership at the centre;
- **Invest** – give financially, either regularly or with a one-off donation or by fundraising;
- **Intercede** – pray regularly for the work of the centre and those involved;
- **Invite** – us to share the vision of the centre with churches and organisations.

As the core team is home-based, we will assess whether we need to keep our Manchester base or relocate to Blackpool. No decision will be made on this until a suitable building has been identified. Simon will continue to be the main speaker for Refreshment UK and, at the Refresh Centre, we will aim to attract a group of 4 who will help lead the centre.

Simon Cooper will liaise with the team to plan a specific strategy for the centre and key individuals within the Refreshment UK network have been identified who may wish to invest.

Fundraising Growth

The appointment of both a Fund-raising and Events Co-ordinator and a FIM Mission Co-ordinator enables dedicated time to be spent on the recruitment of new support and the care given to current donors. As many 'regular' givers donate sporadically, new campaigns to support both the work in India and at home will be implemented with the target of increasing regular giving. The 'cause' nature of the Refresh Centre will lead to new funds coming in – and open the charity up to applying for grants and large-scale funding.

Prayer Strategy

The appointment of a prayer co-ordinator will lead to a more effective prayer strategy. Regular communication with current prayer supporters and a wider reach for our active prayer events will increase both the awareness and effectiveness of the Refreshment UK prayer ministry.

Three Year Targets

Over the course of the next three years, we intend to achieve the following:

2016

- Acquire and begin to work on the Refresh Centre;
- Take a small group to India for a short mission trip;
- Plan a further retreat in Malta for Shipwrecked for Service;
- Open up a new mission holiday in Rome – based on Romans;
- Publish the next book from Brian Johnson;
- Increase the awareness of the Bible through the 'ReadItKnowItLiveIt' campaign;
- Release the 'Fight with Faith' resource.

2017

- Take in our first Refreshers residential course in Blackpool;
- Organise a mixed mission trip to India;
- Plan our first teaching holiday in Ephesus;
- Run a leadership retreat in the summer with One Rock;
- Begin to raise funds for a new home for children in India through FIM;
- Write a Refreshers course to be available as an online course;
- Plan a northern prayer meeting to promote unity across the area.

2018

- Begin to look at the ways to duplicate the work of the Refresh Centre;
- Complete the fundraising campaign for the new Children's home in India;
- Begin to promote the Refreshers course in the USA, Canada and overseas;
- Look at ways of strengthening unity in churches across the UK;
- Start to write a Refreshers course for children with Laura;
- Take out a team to India to work with the children;
- Plan an Easter People style event back in Blackpool.

Financial Review

Refreshment UK operates an unrestricted fund for ongoing charitable activities.

A separate fund is maintained to support the work that we do overseas and a further separate fund was opened in 2015 for restricted Refresh Centre funding.

The trustees declare that they have approved the trustees' report above:

Signed:

Mrs Susan Ann Cooper (Chair)

Date: 1st September 2016

REFRESHMENT UK
Balance Sheet – As at 31st December 2015

	2015 (£)	2014 (£)
Fixed Assets		
Tangible Assets (note 1)	-	595
Current Assets		
Stock	500	500
Cash	918	672
Unrestricted	628	672
Restricted	290	-
Debtors	1146	2708
Liabilities		
Creditors	1528	3831
TOTAL ASSETS LESS LIABILITIES	1036	644
Represented By		
Carried Forward Balance	644	282
Surplus for Year	392	362
TOTAL FUNDS	1036	644

REFRESHMENT UK
Income and Expenditure Account – Financial Year 2015

	2015 (£)	2014 (£)
Incoming Resources		
Community Fundraising	25215	6068
Charitable Activities	11740	2885
Overseas Giving	11431	12553
Refresh Centre (note 2)	290	-
Resource Sales	1190	716
Other Income (including Gift Aid)	10331	1786
TOTAL INCOME	60197	24008
Expenditure		
Cost of Fundraising	312	554
Charitable Activities	20205	5613
Events & Promotion	5234	1758
Resource Production	4679	1013
Overseas Mission (note 4)	17600	8667
Office Space (note 3)	3858	-
Operating Expenses	7917	6041
TOTAL EXPENDITURE	59805	23646
Income over Expenditure	392	362
Brought Forward	644	282
TOTAL INCOME OVER EXPENDITURE	1036	644

Notes:

1. The Fixed Asset contains a disposal of a motor vehicle in 2015 which was sold for £160 and a depreciation value of £435 applied to the accounts.
2. The Refresh Centre funding is restricted and applies only to a new project for 2016.
3. For 2015, we rented an office in Manchester and office space cost relates to the lease on that building.
4. The overseas mission expenditure contains both the funding sent to India as part of our ongoing work to relieve poverty and also the cost of our trips to India.

Independent Examiner's Report on the accounts of Refreshment UK - 1153542
Report to the Trustees of Refreshment UK for the accounts year ending 31st December 2015

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5) (b) of the Charities Acts, and;
- To state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in, any material respect, the requirements:
 - To keep accounting records in accordance with section 130 of the Charities Act; and
 - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act;
- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: _____

Date: 15th October 2016

S N ACCOUNTING
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