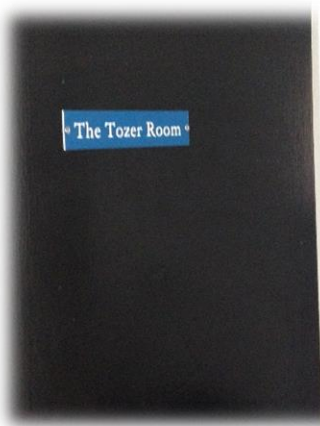




refreshment



Annual Report 2017-2018

TRUSTEE'S ANNUAL REPORT
01/04/2017 – 31/03/2018



Charity Name: REFRESHMENT UK

Registered Number: 1153542

Address: The Refresh Centre
156 Waterloo Road
Blackpool
FY4 2AF

Date of Formation: February 2012

Date of Registration: 27th August 2013

Charitable Objects:

- a) TO ADVANCE THE CHRISTIAN RELIGION IN ENGLAND AND WALES, AND OVERSEAS, FOR THE BENEFIT OF THE PUBLIC THROUGH THE HOLDING OF PRAYER MEETINGS, LECTURES, AND EVENTS; AS WELL AS PRODUCING LITERATURE ON CHRISTIANITY TO ENLIGHTEN OTHERS ABOUT THE CHRISTIAN RELIGION;
- b) THE PREVENTION OR RELIEF OF POVERTY FOR CHILDREN IN INDIA BUT NOT EXCLUSIVELY BY PROVIDING GRANTS, ITEMS AND SERVICES TO INDIVIDUALS AND OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.

Trustees: Mrs S A Cooper (chair)
Mrs R A Cobb
Mrs L Cooper

Governing Document: CONSTITUTION ADOPTED 16/04/2013 AS AMENDED ON 21/09/2014

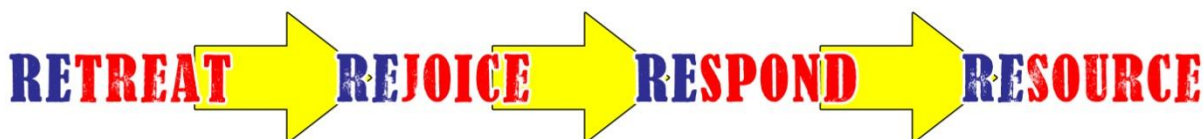
Activities: REFRESHMENT UK EXISTS TO ENCOURAGE AND EQUIP CHRISTIANS IN THE UK AND SUPPORT CHILDREN IN POVERTY MAINLY IN INDIA. WE DO THIS THROUGH TRAINING EVENTS FOR CHURCHES, LOCAL COMMUNITY DEVELOPMENT ACTIVITIES, OVERSEAS MISSION TRIPS AND CHRISTIAN DISCIPLESHIP COURSES, AS WELL AS PROVIDING MENTORING AND RESOURCES FOR INDIVIDUALS.

WHAT REFRESHMENT DOES

Refreshment works in four separate areas:

- **RETREAT** – over the year, Refreshment organises days, residential weekends and holidays to help people take time out to meet God. These are held in the UK and overseas.
- **REJOICE** – worship is a powerful part of a Christian’s life. Refreshment uses their leaders to host worship nights, conferences and to produce Christ-centred heartfelt worship.
- **RESPOND** – discipleship and mission are a result of encountering God and Refreshment provides opportunities and studies to aid a life of both.
- **RESOURCE** – Refreshment both produces and provides books, music and other resources to give people the tools to maintain a daily walk with God.

We believe in our work, a process occurs:



First and foremost, we believe that it is important for Christians to **retreat** and spend dedicated time focused on God, allowing Him to speak to them. From that, they will find the importance of being able to **rejoice**. They worship Jesus and truly encounter him in new ways. After encountering Jesus, Christians will **respond** and discover the plans and purposes that God has for them. They will then move into further areas of ministry. As they do that, the need to regularly **resource** themselves will keep their ministries from going stale. Ultimately, if their ministry does go stale or the resources challenge them to renew their vision, it is time for them to retreat and begin the process again.

2017-18 ACHIEVEMENTS

In 2017 to 2018, we were able to make progress on the work of Refreshment UK, as well as having a difficult and challenging year in other areas. In this period, we managed to:

- Acquire and lease a property in Blackpool to be made for town centre mission activities called Revelation;
- Co-ordinate a large-scale building project at the Refresh Centre which included a full refurbishment of the centre;
- Host three mission teams from across the world, with attendees from Australia, the United States and Canada;
- Host training alongside Mercy UK for people to discover freedom from life controlling issues;
- Organise an overseas trip to Israel in partnership with Worldwide Christian Travel; and
- Facilitate a drop-in service in partnership with Teen Challenge UK.

At the start of 2017, we had a team of 6 staff who were involved in the work of Refreshment UK in various capacities. We opened a town centre drop-in centre in April 2017 and helped to host a regular meeting to support people with addictions.

By the 31st March 2018, we were down to one member of staff, but were reviewing our activities to see where we would be most effective.

Refresh Centre

The Refresh Centre welcomed in a team of local workmen in 2017 to assist with a large-scale refurbishment. In this, we required the following:

- The re-plastering and repainting of the ceilings and walls;
- The removal of asbestos;
- The fitting of new carpets throughout the centre;
- Structural changes to the bathrooms allowing disabled access;
- Repairs to the roof on the house;
- The repointing of the walls on the side of the house;
- The repair of the heating system in the house;
- The fitting of a fire alarm system and repairs to electrics in the house; and
- The replacement and painting of new doors.

The work for this began in May 2017 and continued until August 2017. Generally, the work was completed, but the team veered from the agreed schedule which led to problems at the centre. We were also aware that some of the work hadn't been satisfactorily completed and at the end of the year, we were in discussions to rectify these issues. We also had to undertake some additional works to repair some of the work done.

During the year, we were able to host teams and they arrived throughout the year. We had a team of three in August 2017, a team of six in December 2017 and a team of fourteen in January 2018 which were all bought in by a local partner. The teams completed various mission activities locally which benefited the area of Blackpool.

There were communication issues with the final team which led to a significant shortfall in funding their time in Blackpool. However, this shortfall was covered by additional donations and we were able to control the impact that would have had on the centre. For future teams, we were able to put procedures into place to make sure that these issues weren't repeated.

In March 2018, we were able to hold an open day at the centre and welcomed around 30 people into the centre to view the refurbishment. As we move forward in 2018 and 2019, we look to host a further team in the summer, a school in September and a mission team during the Festival of Hope in September.



Revelation

In April 2017, we were able to open a town centre drop-in centre to organise mission activities in the centre of Blackpool. Initially, we were able to welcome a Teen Challenge UK team who hosted people who they had met during their ministry. We also had an office for Refreshment UK and an upper room which was initially used for storage.

By the end of the year, the centre was hosting a weekly drop-in for vulnerable adults and attracting up to 40 people each week. The centre was to be used for local drop-ins and other mission activities.



Serious Incident and Crisis Management

During the month of August 2017, the charity's chief executive (CEO) became seriously ill and was unable to fulfil their duties within the charity. At that point, it became evident that without their input, the charity would be unable to pay bills as they became due and it also became clear that this member of staff was one of the major donors to the charity.

We recognised that, in August 2017, the CEO had developed severe mental health problems, ending up being hospitalised, and therefore, we removed all work-related duties and communication devices from them. Following that, we recognised the amount of work being done by the CEO, along with the financial position of the charity and we sadly took the decision to make other members of staff redundant. We followed professional advice on the redundancy process from both ACAS and the GOV.UK website, and the remaining staff were made redundant at the end of September 2018.

The CEO was unable to fulfil any duties for the charity during this period and after receiving medical support from the local mental health services, he was moved to respite care in another part of the UK to receive support. Due to the nature of the charity's work in providing full-time mission training and residential care, he was living at our main premises, so we felt we had to move them away from this. The trustees took on the day-to-day running of the charity so that we could sustain the work (there were residents in the centre at the time) and it enabled us to assess the state of the charity to see whether we could continue.

We also had to make decisions as to whether we could keep the charity open and after review, felt that parts of the charity could be sustained. However, we decided that we had to close the office in Hinckley which was specifically looking after the work we did in India and did so by December 2017.

In November 2017, the CEO left respite care and under our supervision, we began to assess how the charity could function and if it would be able to move forward. We recognised that a lot of responsibility had been put upon them and we have been working alongside them to make sure that they could perform their functions, as well as working alongside them to evaluate all parts of the charity.

Following on from this, we asked the CEO to review our processes, including financial controls, within Refreshment UK and the conclusion of these are to be reflected in our Annual Report for 2019. As of 31st March 2018, these were not complete.

Financial Information

Refreshment UK operates an unrestricted fund for ongoing charitable activities and holds funding which is specifically for the Refresh Centre and its long-term plans.

A separate fund is held to support the work that we do in India and two further separate funds have been opened for restricted Refresh Centre funding.

The trustees declare that they have approved the trustees' report above:

Signed:

Mrs S A Cooper (Chair)

REFRESHMENT UK
Balance Sheet – As at 31st March 2018

	2018 (£)	2017 (£)
Fixed Assets		
Tangible Assets (See Note 1)	75885	350
Current Assets		
Stock	3450	900
Cash	121	5609
Unrestricted	121	5575
Restricted	-	34
Debtors	729	917
Liabilities		
Short Term Liabilities	15267	7473
Long Term Liabilities (See Note 2)	63786	-
TOTAL ASSETS LESS LIABILITIES	1132	303
Represented By		
Carried Forward Balance	303	1036
Surplus/Deficit for Year	829	(733)
TOTAL FUNDS	1132	303

REFRESHMENT UK
Income and Expenditure Account – Financial Year 2017/18

	2017/8 (£)	2016/7 (£)
Incoming Resources		
Fundraising (See Notes 3 & 4)	212065	203149
Charitable Activities	12217	27381
FIM Giving	11175	15881
Resource Sales	1301	1640
TOTAL INCOME	236758	248051
Expenditure		
Cost of Fundraising	536	3449
Charitable Activities (See note 5)	171703	177383
Events & Promotion	12648	26142
Resource Production	98	1586
FIM Indian Donations (See note 6)	11362	15880
Rent and Rates (See note 7)	24881	13773
Operating Expenses	14701	10571
TOTAL EXPENDITURE	235929	248784
Income over Expenditure	829	(733)
Brought Forward	303	1036
TOTAL INCOME OVER EXPENDITURE	1132	303

Notes:

1. The value of Tangible Assets now includes the value of the work carried out to develop the Refresh Centre. From the re-negotiation of the new lease for the centre, this development is now classed as an asset as we also included an option-to-buy in the lease.
2. The long-term liabilities include an outstanding value for the work done for the centre. As of 31st March, Refreshment UK were raising issues with the standard of work completed.
3. The amount recorded for fundraising now includes funds given to help support the Refresh Centre. This does not include the amounts given by students who stayed at the centre.
4. The fundraising amount relates to a thorough audit of donations and now reflects what we would consider as donations. This was done in consultation with HMRC. Any further alterations to these will be reflected in the accounts for Year End 2018/2019.
5. The charitable activities include all salaries paid to the staff employed during the year, repairs and renewals made to both of our premises.
6. Our overseas spending for this financial period is as follows:

<i>India</i>	£11,362
<i>Israel</i>	£11,436
7. During this period, we are accounting for three properties which are reported below:

<i>The Refresh Centre, 156 Waterloo Road, Blackpool (Apr 17 to Mar 18)</i>
<i>Suite 3, 7 Castle Street, Hinckley (Apr 17 to Dec 17)</i>
<i>Revelation, 16 Deansgate, Blackpool (Apr 17 to Mar 18)</i>

Independent Examiner's Report on the accounts of Refreshment UK - 1153542
Report to the Trustees of Refreshment UK for the accounts year ending 31st March 2018

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5) (b) of the Charities Acts, and;
- To state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

Initially, I followed advice from HMRC with the Charity's Gift Aid returns. In connection with my examination, and after a review of the work done with regards to advice from HMRC, no matter has now come to my attention:

- 1) Which gives me reasonable cause to believe that in, any material respect, the requirements:
 - To keep accounting records in accordance with section 130 of the Charities Act; and
 - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act;
- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: _____
S N ACCOUNTING

Date: 26th January 2019