

# refreshment

encouraging & equipping  
Christian mission



## ***Annual Report 2019-2020***

**TRUSTEE'S ANNUAL REPORT**  
**01/04/2019 to 31/03/2020**



**Charity Name:** REFRESHMENT UK

**Registered Number:** 1153542

**Address:** The Refresh Centre  
156 Waterloo Road  
Blackpool  
FY4 2AF

**Date of Formation:** February 2012

**Date of Registration:** 27<sup>th</sup> August 2013

**Charitable Objects:**

- a) TO ADVANCE THE CHRISTIAN RELIGION IN ENGLAND AND WALES, AND OVERSEAS, FOR THE BENEFIT OF THE PUBLIC THROUGH THE HOLDING OF PRAYER MEETINGS, LECTURES, AND EVENTS; AS WELL AS PRODUCING LITERATURE ON CHRISTIANITY TO ENLIGHTEN OTHERS ABOUT THE CHRISTIAN RELIGION;
- b) THE PREVENTION OR RELIEF OF POVERTY FOR CHILDREN IN INDIA BUT NOT EXCLUSIVELY BY PROVIDING GRANTS, ITEMS AND SERVICES TO INDIVIDUALS AND OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.

**Trustees:**

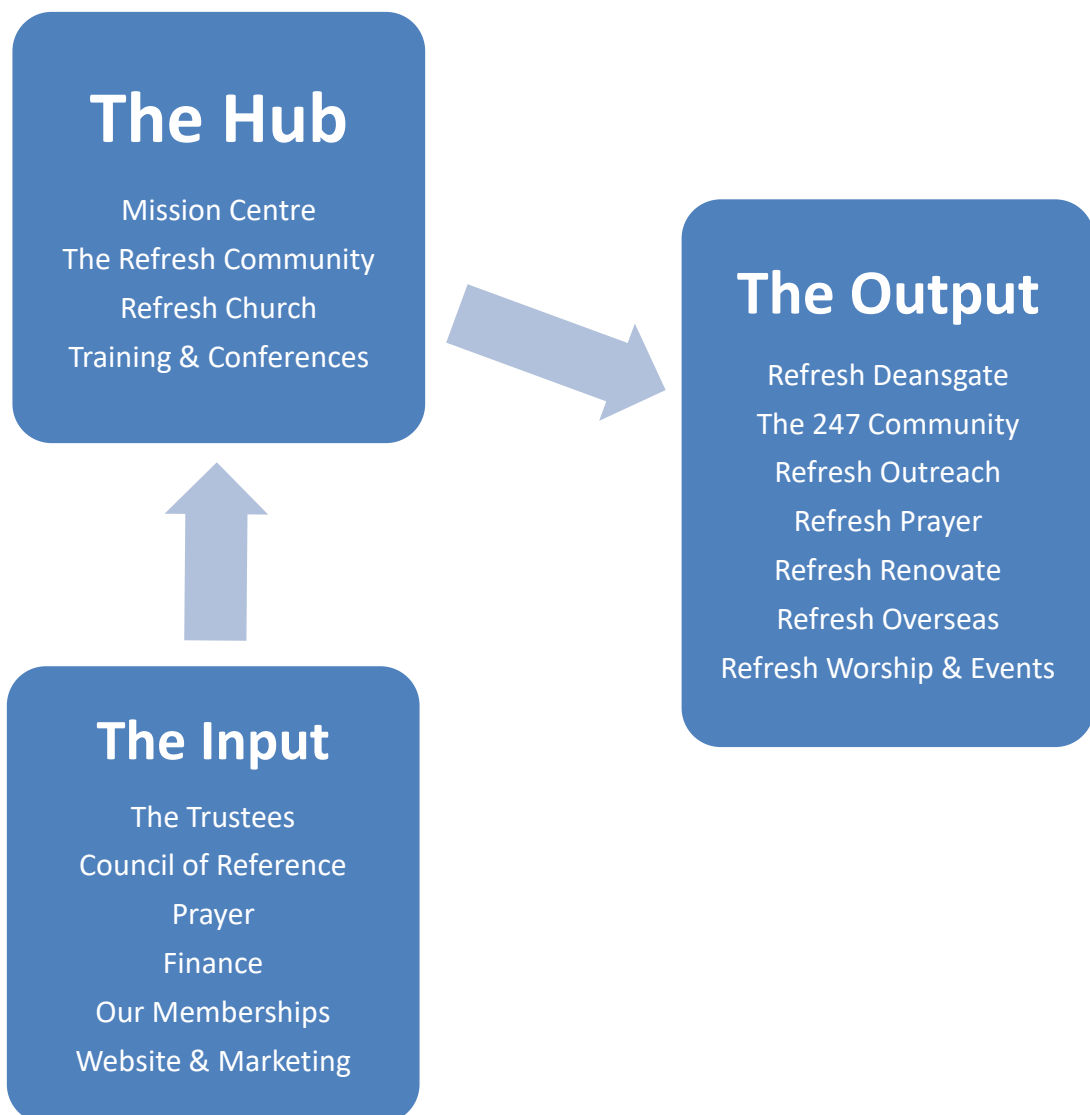
Mrs L Cooper	Mr S Hobin
Mr A Walker	Mr P Warne
Mr A Maxton-Livesey	

**Governing Document:** CONSTITUTION ADOPTED 16/04/2013 AS AMENDED ON 21/09/2014

**Activities:** Refreshment UK exists to encourage and equip Christians in the UK, as well as provide mental health support in Blackpool and overseas aid in India. We do this through training courses in Blackpool, local community development, provision of a mental health drop in space, overseas mission trips and Christian discipleship courses, as well as providing mentoring and resources for individuals.



## The Vision and Structure of Refreshment UK 2020



# THE HUB

## THE REFRESH CENTRE

At the heart of the work of Refreshment UK is the Refresh Centre – a mission-focused community of believers who are living the lifestyle of a disciple. When the first church gathered at the beginning of Acts, we learnt this about them.

*They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. Everyone was filled with awe at the many wonders and signs performed by the apostles. All the believers were together and had everything in common. They sold property and possessions to give to anyone who had need. Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favour of all the people. And the Lord added to their number daily those who were being saved.*

The community will aim to match this model from Acts with the following programmes running:

- **Long-term placements** – these are people who have committed to being at the centre for at least one year. They are responsible for pastoral care and regular work of the centre;
- **One-year programme** – this is our mission training programme.

All placements will be subject to an application process, including appropriate checks. Each week, the attendees at centre will be involved in the following activities:

- *Prayer Walks* – out into the community and at key locations in Blackpool;
- *Refreshers Training* – regular training sessions and Bible study to help you learn about discipleship;
- *Skills and Outreach Workshops* – to invite vulnerable people to learn life-skills and receive support;
- *Open-air Evangelism* – on the streets in Blackpool;
- *Refresh Nights* – a weekly gospel outreach where we to preach and evangelise;
- *Community Development Work* – including clean-up work, and refurbishment;

As part of learning the rhythms of a life of following Jesus, we encourage spiritual disciplines and practice these together. These will include regular study, fasting, journaling and praying together as tools, not rules, of the faith. We will make sure that rest plays a part and commit to 24-6 ministry for people, making Sabbath rest crucial.

For any placement, people will be encouraged to contribute to the needs of the centre through monthly rent or by being sponsored by local supporters. Together, we will learn to live by faith – discovering that God can and will meet the needs of his children.

The authority of the centre will be through Refreshment UK, who are directed by a board of trustees, a board of reference and each community member will be assigned an external mentor who will communicate with each other through video calls, emails or physical meetings.

Our vision for this is to take the ideas and teaching that we have used on the front-line to encourage and equip people to learn to become missionaries in their own communities. There will be a strategy of “refresh and release”, praying that the experience each team member has will be enough to inspire them to serve as missionaries elsewhere. We believe that by taking significant time out and serving this way, other towns, cities and churches will be affected by what we do in the Refresh Centre. We see this strategy of ‘refresh and release’ modelled by Jesus in the way he encouraged and equipped the disciples.

## **THE REFRESH COMMUNITY**

*They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. Everyone was filled with awe at the many wonders and signs performed by the apostles. All the believers were together and had everything in common.*

Alongside students who have been with Refreshment or want to start mission activities in their area, we support and facilitate mission hubs or communities - a group of people with big vision for their area. We encourage them to meet together, pray together and offer practical advice and training for any activities they are looking to do. We work with people on a one-to-one basis to work towards a key goal of Refreshment UK – making vision reality.

In Blackpool, our hub community involves local people on the Fylde Coast involved with the ministry of Refreshment UK. As a group, we meet together once a week for worship, prayer, testimony, fellowship and communion. Our community is only open to those associated with Refreshment UK and the wider ministry we take part in. Our meetings happen at the Refresh Centre in the Tozer Room or in the rooms at Refresh Deansgate.

The Refresh Community is made up of local people with a heart for mission, as well as a desire to learn more about serving God.

## **TRAINING AND RESOURCES**

We see training, books and other resources as essential tools to maintain a daily walk with God. We produce events, conferences and published media to encourage and equip Christians. We want to make sure that our ministry continues into the homes and lives of the people we meet and those who are part of our community, so we aim to achieve this as we set out to:

- Host training events both online and in Blackpool to encourage and equip Christians;
- Produce books that support and inspire people in their personal discipleship;
- Offer short-term mission experiences at the Refresh Centre
- Produce evangelistic resources that aid in discovering Christianity;
- Publish music that encourages people into a life of worship;
- Offer courses, speaking engagements and opportunities that act as a resource to our ministry.

In the past, our studies and books have been used to share topics key to living God's way. These resources are often interactive and as well as Bible study material, contain activities, questions and practical challenges. These have been used by churches for midweek groups, lent courses and act as useful in maintaining a life of holiness, and discipleship.

We see the regular refreshment in study, worship and prayer as vital in continuing in a kingdom-shaped life, and we seek to provide the resources we see as important to aiding that. We believe that all believers should be active in a life full of spiritual disciplines and we want to encourage and equip people to continually growing and developing.

# **OUTPUT**

## **REFRESH DEANSGATE**

Our vision is to offer a frontline mission base in Blackpool to provide a Christian response to both mental health and support for ex-offenders, as well as a place for the gospel to be preached. We aim to provide services that give help and hope, and make a significant, life-changing difference in people's lives.

At Refresh Deansgate, we will provide the following services:

- Retail experience and a space to share the gospel;
- A prayer space for regular meetings;
- Office space for Refreshment UK;
- Workshop space for making crafts;
- Courses and groups that offer life skills for people; and
- Drop-in sessions and mentoring services for those with managed mental health.

Refresh Deansgate is on a walk-through between Abingdon Street and Topping Street near the Winter Gardens and St John's Church. The location is just a short walk from Blackpool North train station and close to bus routes that stop on both Talbot Road and Abingdon Street.

The hub is laid out to contain the following:

- A second-hand charity boutique with dressing room and a processing space;
- A main office for Refreshment UK to work from;
- Two prayer rooms for individual and group prayer;
- A counselling room which can be used for private meeting sessions; and
- A workshop/meeting room space to be adaptable for meetings and craft workshops.

After a period of renovation, the centre was opened in 2017 and used by Teen Challenge UK. By the end of 2021, our aim is to have a full weekly programme of events running from Deansgate.

The original vision came in 2009 when Simon and Laura were living in Worcester. After walking through the town centre, there was a realisation that the church was not open on the high street, but people needed to find hope and help. The long-term vision for the hub is to offer a permanent place on the high street to find hope and help.

## **THE 247 COMMUNITY**

247 is a community of believers from all Christian denominations and backgrounds coming together in an online community to encourage, equip and support each other as we live a 247 life for Jesus. The community is managed and co-ordinated by Refreshment UK and acts as our online platform to encourage and equip Christians.

Our heart is that we will be able to grow, go and sow in the churches we attend and in the communities God has placed us in, but more importantly in our relationship with Him so that our fruit will be evident. All good nutritionists will say that you need to eat little often so how much more important is it that we apply this healthy principle to our faith walk. Jesus is our daily bread not our weekly treat! 247 is not an alternative to Church - it's a supplement, to keep believers healthy, focused and growing! It's everyday people, doing everyday life, growing in every day faith! We are the scattered Church united.

The community regularly produces videos via our YouTube channel from Refreshment contributors and also, has a FaceBook page which provides memes, Bible Study guides and worship links.

## **REFRESH OUTREACH**

The purpose of Refresh Outreach is to be able to teach evangelism skills and enable us to help Blackpool restore a confidence in the gospel, something that was made aware to us by leaders when we arrived. Outreach uses music, drama, conversations, preaching and resources to be able to share the gospel message effectively and urgently.

We plan to hold a regular outreach event weekly in the centre of Blackpool and offer training to those who are willing to be part of this. We also will support the team with the production of relevant resources. This will be headed up by our outreach team and be supported by all members of the Refreshment UK team.

## **REFRESH PRAYER**

Both the Refresh Centre and Refresh Deansgate have prayer rooms that give people the opportunity to follow two Biblical commands:

- To pray without ceasing and help us to be aiming towards a 24-7 praying community based in Blackpool (Ephesians 6:18);
- To provide adequate space for a 1-2-1 encounter in prayer and allow people to develop prayer strategies and integrity in prayer (Matthew 6:6)

The main base for this ministry is best served by Refresh Deansgate, which offers a space for group prayer in a main room and then a private one-to-one room called the Renwick Rooms.

Refresh Prayer also holds strategic prayer walks and prayer meetings in significant places across Blackpool, including a monthly prayer meeting.

## **REFRESH RENOVATE**

Using the skills of members of the Refresh Community, we can offer clean-up services, handyman work and other construction projects to aid and assist with community development in Blackpool. Our team has been involved in shopfitting, full renovation work and garden services, and the desire of Refresh Renovate is to provide a way to develop and upcycle areas of Blackpool. Members of the team are able to work on furniture restoration at Refresh Deansgate, as well as support the council in regenerating areas.

Our associates on the Renovate team are associates who are looking for an opportunity to get involved in local projects to make a difference for Blackpool.

## **REFRESH EVENTS**

Building on the success of Praise in the Park, we seek to organise live events to help with both outreach and unity in Blackpool. The Refresh Events team will provide ecumenical projects, outreach events and worship nights in secular locations to bring the gospel to the people who need it in Blackpool.

Our current projects include holding a regular praise in the park event, forming a worship collective and putting on a Christian musical produced and performed by local people.

## **REFRESH WORSHIP**

Uniting various worship leaders in Blackpool, we seek to hold a monthly event which brings together worship leaders in the area and teach skills. This will meet the need that is already necessary in the area and will draw together those on the frontline in Blackpool.

## **REFRESH INTERNATIONAL**

Our regular support of India continues and we will explore possible overseas trips in the future. Each month, we support the work of FIM in India and maintain regular contact with other missionaries that have been with us in the Refresh Centre. We would like to add updates as to what significant missionaries with us have been doing since they left. We will have video updates of their ministry and development, and an opportunity to support their future mission work.



Gospel  
Centred

Church  
Unity

Culturally  
Relevant

A Holy  
Discipline

Spirit of  
Excellence

Reviving &  
Restoring

**REFRESHING**

These are the values that Refreshment UK hold dear to every part of ministry:

- We aim to have the gospel central and make sure that Jesus is preached with boldness through all Refreshment does;
- We aim to work in unity across the churches and make sure that all our projects are founded upon Christians working together;
- We aim to engage with the culture whilst being set apart and make sure that we focus on working out in the community in strategic places by working in power;
- We aim to teach discipleship based around holiness and make sure that everyone understands the need for discipline, through prayer, worship and study of the word;
- We aim to maintain a spirit of 'excellence' in everything and make sure that people are see change in their lives through a renewed mind;
- We aim to see the spiritual transformation in areas through kingdom restoration in line with God's will and make sure we are aware of the need of genuine revival;
- We aim to be **refreshing** in all and make sure every place we minister is **refreshed**.



## **ACHIEVEMENTS 2019-2020**

In 2019 to 2020, we achieved the following:

- Offered long-term accommodation to missionaries and people in need at the Refresh Centre in Blackpool;
- Hosted a three day evangelism mission team and conference;
- Held a 'Praise in the Park' event at Stanley Park in Blackpool in partnership with local Christian organisations and the regional churches together group;
- Sent a mission team of two people to our partners in India for a short-term mission trip including a pastor's conference and work alongside the children's home;
- Entered into a partnership at our location on Deansgate to open a charity shop and converted the shape downstairs into a shop;
- Began to put together a Christian musical and organised a group to begin putting this together;
- Got involved in the Coronavirus 'Need to Feed' Programme for the homeless during the first lockdown;
- Released a new worship CD for Refresh Worship; and
- Held regular prayer meetings at the top of Blackpool Tower.

## **Financial Information**

Refreshment UK operates an unrestricted fund for ongoing charitable activities and holds funding which is specifically for the Refresh Centre and its long-term plans.

A separate fund is held to support the work that we do in India and two further separate funds have been opened for restricted Refresh Centre funding.

Signed:

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 L Cooper (Chair of Trustees)

**REFRESHMENT UK**  
**Balance Sheet – As at 31<sup>st</sup> March 2020**

	<b>2020 (£)</b>	<b>2019 (£)</b>
<b>Fixed Assets</b>		
Tangible Assets	77701	69901
<b>Current Assets</b>		
Stock	4767	-
Cash	722	1625
Unrestricted	722	1625
Restricted	-	-
Debtors	856	48765
Liability (See note 5)	4147	112190
<b>Liabilities</b>		
Creditors	446	3352
Long Term Liabilities & Accruals	80998	227209
<b>TOTAL ASSETS LESS LIABILITIES</b>	<b>6749</b>	<b>788</b>
<b>Represented By</b>		
Carried Forward Balance	1920	1132
Surplus/Deficit for Year	4829	788
<b>TOTAL FUNDS</b>	<b>6749</b>	<b>1920</b>

**REFRESHMENT UK**  
**Income and Expenditure Account – Financial Year 2019/20**

	<b>2019/20 (£)</b>	<b>2018/9 (£)</b>
<b>Incoming Resources</b>		
Fundraising	53290	124140
Charitable Activities (See Note 5)	119494	22501
FIM Giving (See note 2)	13829	4432
Unrestricted Grants	4609	4293
Trading Income	6213	-
Resource & Miscellaneous	6910	2013
<b>TOTAL INCOME</b>	<b>204345</b>	<b>157379</b>
<b>Expenditure</b>		
Cost of Fundraising	1410	1079
Charitable Activities (See note 3 & 5)	131325	97163
Resource Production	5618	1106
FIM Donations (See note 1)	13516	4641
Rent and Rates (See note 4)	37166	28338
Operating Expenses	8643	8478
Depreciation	1838	7055
Liability Claims	-	8731
<b>TOTAL EXPENDITURE</b>	<b>199516</b>	<b>156591</b>
<b>Income over Expenditure</b>	<b>4829</b>	<b>788</b>
Brought Forward	1920	1132
<b>TOTAL INCOME OVER EXPENDITURE</b>	<b>6749</b>	<b>1920</b>

Notes:

1. Our overseas spending for this financial period is as follows:

<i>India</i>	<i>£13451</i>
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2. Our overseas income for this financial period is as follows:

<i>Canada</i>	<i>£27</i>
<i>USA</i>	<i>£5704</i>
3. Our total salary costs for the year is as follows:

<i>Salary</i>	<i>£11300</i>
<i>Pensions</i>	<i>£565</i>
<i>NI</i>	<i>£656</i>
4. During this period, we are accounting for three properties which are reported below:

*The Refresh Centre, 156 Waterloo Road, Blackpool (Apr 19 to Mar 20)*

*Revelation, 16 Deansgate, Blackpool (Apr 19 to Mar 20)*

*Refresh, 14 Deansgate, Blackpool (Oct 19 to Mar 20)*
5. Charitable activities include invoices raised and represented as a liability in the accounts dated 2018 to 2019 which was invoiced and included in our 2019-2020 accounts.

**Independent Examiner's Report on the accounts of Refreshment UK - 1153542**  
**Report to the Trustees of Refreshment UK for the accounts - year ending 31<sup>st</sup> March 2020**

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5) (b) of the Charities Acts, and;
- To state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has now come to my attention:

- 1) Which gives me reasonable cause to believe that in, any material respect, the requirements:
  - To keep accounting records in accordance with section 130 of the Charities Act; and
  - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act;
- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

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**SN ACCOUNTING**  
**c/o 156 Waterloo Road**  
**Blackpool FY4 2AF**

Date: 18<sup>th</sup> January 2021